



FACIAL/PEEL POST CARE

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Medical Facial/Chemical Peel Pre/Post Care Instructions

- ✓ Avoid direct sun for at least one week.
- ✓ Discontinue Accutane six months prior to the treatment.
- ✓ Discontinue use of Retinoic Acid products three days prior to the treatment.
- ✓ Report all skin diseases, viruses, infections, cold sores, eczema, or allergies.
- ✓ Persons with allergies to aspirin, salicylates, cigarette smokers, pregnant or lactating women.
- ✓ Do not exfoliate, use Glycolic Acid, Benzoyl Peroxide, or any other skin irritants 24-hours before.
- ✓ Do not shave, use depilatories, wax or have electrolysis the day of facial treatment.
- ✓ If the skin is red, irritated, or sunburned the treatment must be rescheduled.
- ✓ Report all medication taken the day of the treatment.
- ✓ Avoid direct sun exposure and apply Sunscreen SPF 30 UVA/UVB
- ✓ Avoid strenuous exercise for 48 hours post-treatment.
- ✓ Avoid touching, rubbing, peeling, or picking of the skin.
- ✓ DO NOT cleanse face the first day after your CHEMICAL PEEL. On the second day you may cleanse with a gentle cleanser and rinse your face with cool water and apply the prescribed moisturizer.
- ✓ For at least one week post-treatment do not use exfoliators, glycolic acid, Benzoyl peroxide, or any other skin irritants.
- ✓ Do not shave, tweeze, or wax.
- ✓ Resume home care products as directed by your Skincare Specialist.

Please contact the office if you have any questions or concerns.

